



Embry-Riddle Cross Country Classic Presented By: Smoothie King

- Date:** Saturday, September 22, 2007
- Time:**
- | | |
|--------------------------------|----------|
| College Men (8K) | 7:15 AM |
| College Women (5K) | 7:55 AM |
| High School Boys Small School | 8:30 AM |
| High School Girls Small School | 9:05 AM |
| High School Boys Large School | 9:40 AM |
| High School Girls Large School | 10:15 AM |
| JV Boys 5K | 10:50 AM |
| JV Girls 5K | 11:25 AM |
- Location:** The meet will be held on the athletic fields of Embry-Riddle University in Daytona Beach, FL.
- Course Description:** The course is one of the most challenging in the state of Florida. It is a true cross country course including all types of terrains, well-groomed athletic fields, a 150 meter grass hill, short sand trail and Florida's fastest Track surface (Mondo).
- Teams:** College teams will be unlimited in their entries. High School varsity races will be limited to 7 runners per team. The JV races will be limited to 10 runners per team and the first 150 total entries. Top 5 will score with 7 holding spaces.
- Individuals:** Unattached individuals will be allowed to compete in the college races. Schools may enter individuals in any race in which they are eligible and do not have a full team.
- Awards:** Team trophies to the top 3 teams
Championship t-shirts given to the top 15 runners in each race.
- Fee:** \$50 per team per gender for high school varsity and collegiate races
\$25 per team per gender for the JV race
\$10 per individual in any race
- Registration:** All entries must be received by 5 PM., Friday, September 14. Entries should be submitted to Alison Smalling either by e-mail (smallina@erau.edu) or fax 386-323-5002). There will be no additions after that date. Teams may substitute a JV runner for a varsity runner after that date by sending an e-mail to Coach Rosolino at michael.rosolino@erau.edu. No changes will be made after Thursday, September 20.
- HS Divisions:** Both the large and small school races will be limited to 20 teams. The large school race is designed for 3A-4A schools with the small schools being 1A-2A. Teams who would like to move divisions may request such a move by contacting Coach Rosolino.
- T-shirts:** Race shirts featuring the meet logo on the front and team names on the back are available. You can pre-order the shirts and sizes for \$10 until Sept. 14. A limited number of meet shirts will be sold on race day for \$15.
- Information:** phone: 386-323-5008
fax: 386-323-5002
e-mail: michael.rosolino@erau.edu
- Amenities:** Free Smoothies provided to all participants
Food including bagels, bananas and water will be provided



2007 Embry-Riddle Cross Country Meet Reservation Form
Presented By: Smoothie King

School Name: _____

School Address: _____

Division: (select all that apply)

College Men

College Women

HS Girls (we are in the small school large school)

HS Boys (we are in the small school large school)

JV Girls

JV Boys

Coach's Name: _____

Coach's E-mail: _____

Coach's Phone: _____

T-shirt Order (note: t-shirts can be pre-ordered for \$10 and we guarantee the sizes; on race day they will be \$15 and there are no guarantees on sizes).

_____ Small _____ Medium _____ Large _____ X-Large

All Entries are due on or before September 14, 2007.
We may fill up before the so reserve your space today!!!!



Directions to the Course

From I-95

Take the International Speedway Blvd. (Hwy 92) exit (exit # 261A). Head East on International Speedway Blvd. Going towards the speedway and the beach. Take a right on Clyde Morris Blvd. (following sign to Embry-Riddle). At the third stop light take a left into the ICI Center Parking lot.

From I-4

From I-4 follow the signs to Highway 92 and Daytona Beach. Head East on International Speedway Blvd. Going towards the speedway and the beach. Take a right on Clyde Morris Blvd. (following sign to Embry-Riddle). At the third stop light take a left into the ICI Center Parking lot.

Meet Hotels

Mainland

Ramada Inn Speedway

386-255-2422

Beachside

Bahama House

386-248-2001

All the hotels have a special rate for this event, please ask for it.



2007 Embry-Riddle Cross Country Meet Registration Form

School Name: _____

Division:

- | | |
|--|--|
| <input type="checkbox"/> College Men | <input type="checkbox"/> College Women |
| <input type="checkbox"/> HS Girls Small School (limit 7) | <input type="checkbox"/> HS Girls Large School (limit 7) |
| <input type="checkbox"/> HS Boys Small School (limit 7) | <input type="checkbox"/> HS Boys Large School (limit 7) |
| <input type="checkbox"/> JV Girls (limit 10) | <input type="checkbox"/> JV Boys (limit 10) |

ATHLETES

NAME	YEAR
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____
7. _____	_____
8. _____	_____
9. _____	_____
10. _____	_____

All Entries are due on or before September 14, 2007 or until we are full.

Entries can be e-mailed to smallina@erau.edu or
Faxed to 386-323-5002